# Allergies and Food Intolerance Procedure

When a child starts at Phoenix Early Learners, parents are asked if their child has any known allergies or food intolerances. This information is recorded on the registration form.

- If a child has an allergy or food intolerance, a risk assessment form is completed with the following information:
  - the risk identified – the allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.)
  - the level of risk, taking into consideration the likelihood of the child coming into contact with the allergen
  - control measures, such as prevention from contact with the allergen
  - review measures
- Health care plan form must be completed with:
  - the nature of the reaction e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
  - managing allergic reactions, medication used and method (e.g. Epipen)
- A copy of the risk assessment and health care plan is kept in the child's personal file and is shared with any assistants working in my/our provision.
- Parents/carers show me/us how to administer medication in the event of an allergic reaction.
- Generally, no nuts or nut products are used in food prepared for children and in areas used to prepare children's food.
- Parents/carers are made aware, so that no nut or nut products are accidentally brought in.
- Any foods containing food allergens are identified on children's menus.